



LOCAL FOODS WEEK

JUNE 14 - 21 2009

"FRESH" DOCUMENTARY SCREENING CIRCLE CINEMA

THURSDAY JUNE 18 6:30PM and 8:30PM

"FRESH" is a call to action: it means to inspire its viewers to positive change, not scare them into a terrified complacency. A panel discussion with food will take place from 7:45-8:15 with local representatives from the sustainable food movement so audience members can learn what's going on in Oklahoma.

REAL FOOD TULSA

SUNDAY JUNE 14 5:30PM - 8:00PM

Internationally acclaimed raw food author, educator and certified raw food chef, Paul Nison, will be in Tulsa for an exciting lecture and locally themed raw pot luck. Reservations Required.

GREEN DRINKS @ ELOTE

WEDNESDAY JUNE 10 5:30 PM

Come meet other "Green" Tulsans and enjoy some delicious local foods and drinks!

LIVING KITCHEN FARM BRISTOW

FRIDAY JUNE 19 AND SATURDAY JUNE 20 6:00PM

Normally garlic harvested in June will cure for several weeks, but we just cannot wait to eat it. We use this dinner as the perfect excuse to celebrate the "first tasting". Featuring our favorite heirloom varieties in each course, each will be paired with a perfectly suited Oklahoma wine. Cost \$60.00 Reservations required.

OTHER EVENTS

SUNDAY JUNE 14

LOCAL COMMUNITY GARDENS TOUR: 11:00am-3:00pm
GLOBAL GARDENS COMMUNITY DAY: 1:00pm-3:00pm

MONDAY JUNE 15

SWAN BROTHERS DAIRY, Claremore: Monday June 15-June 20 3:00pm-5:30pm
DAIRY TOURS, HLA Country Farm: 10:00am or 1:00pm
CHEESE MAKING CLASSES, HLA Country Farm

TUESDAY JUNE 16

SUSTAINABLE TULSA: 5:30pm-7:30pm
DOWNTOWN FARMERS' MARKET, 3rd & Boston: 10:00am-2:00pm

WEDNESDAY JUNE 17

BROOKSIDE FARMERS' MARKET, 41st and Peoria: 8:00am-12:00pm
MUSKOGEE FARMERS' MARKET, Civic Center Market Square: 8:00am-12:00pm

THURSDAY JUNE 18

PEARL FARMERS' MARKET, Centennial Park: 4:30pm-7:00pm
"FRESH" SCREENING, Circle Cinema, 10 S. Lewis Ave.: 6:30pm and 8:30pm

FRIDAY JUNE 19

LIVING KITCHEN FARM, Bristow, Friday June 19 and Saturday June 20: 6:00pm
ELOTE'S SALSAFEST, 4:00pm-9:00pm, the Chapman Centennial Green, 6th & Boston

SATURDAY JUNE 20

NEWSOME COMMUNITY FARM, 2620 E. 56th St. North
CHERRY STREET FARMERS' MARKET, 15th & Peoria: 7:00am-11:00am
BARTLESVILLE FARMERS' MARKET, 8:00am-1:00am
OWASSO FARMERS' MARKET, 8:00am-12:00pm
CANNING WORKSHOP, OSU Tulsa County Extension Office: 10:00am-3:00pm

SUNDAY JUNE 21

LABYRINTH WALKS, MoonShadow Herb Farm, Muskogee: 1:00pm-3:00pm

For more information, visit
www.buyfreshbuylocalok.com

